

STRATEGIES FOR IMPROVING PERSONAL HEALTH IN NATIVE COMMUNITIES

Topics such as: Diabetes Prevention and Treatment ◦ Substance Abuse
Self-Defense and Martial Arts ◦ Traditional and Modern Healing Techniques
Stress and Time Management ◦ Men and Women: Teamwork
Diet and Exercise in Native Communities ◦ Balancing Family and Career
Preventing Domestic Violence ◦ Smoking Cessation ◦ Meditation Techniques
Communication Strategies ◦ Health Strategies for Working Women
Improving Harmony in Your Marriage ◦ **AND MORE!**

WHEN

November 11-12, 2010

... and Stay for the **67th Annual Convention of the NCAI**
in Albuquerque, NM, on November 14-19, 2010

WHERE

Isleta's Hard Rock Hotel & Casino
Albuquerque, New Mexico

\$595 per person
\$795 per married couple
ask us for group rates!!
sundance @spinn.net

CALL ISLETA AT 877-747-5382 TO RESERVE YOUR ROOM NOW AT THE SPECIAL GROUP RATE OF \$81 PER NIGHT. GROUP RATE CODE IS 1110 FOR NAR PARTICIPANTS.

 **NATIVE AMERICAN RESOURCES, LLC**
Training and Technical Assistance to Tribal Organizations
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IN
COLLABORATION
WITH


SUNDANCE EDUCATIONAL CONSULTING, INC.
Phone: 505-867-0946 Fax: 505-867-1035
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Please register me for the **Strategies for Improving Personal Health in Native Communities** Conference.
November 11-12, 2010 Albuquerque, NM

Last Name: _____ First Name: _____

Title: _____ Organization: _____ Dept: _____

Address: _____

Town: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email (Required): _____

Fax to 505-867-1035 now to reserve your space! Please copy this form for additional registrations.